

# SAN BRUNO SENIOR CITIZENS ADVISORY BOARD 2019 ANNUAL REPORT

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9/24/2019

# SENIOR CITIZENS ADVISORY BOARD

The San Bruno Senior Citizens Advisory Board provides input and makes recommendations regarding programs and activities at the Senior Center. Members of the Board work with staff to ensure the Senior Center is a vibrant and welcoming place that contributes to the health and well-being of older adults.



# A WELCOMING COMMUNITY CENTER

The Senior Center welcomed **70,605** senior visitors from July 1, 2018 through June 30, 2019. (Increase of 4,466 visitors)



# SERVING NUTRITIOUS AND AFFORDABLE MEALS

The Senior Center served **25,751** nutritious meals to seniors from July 1, 2018 through June 30, 2019. (Increase of 3,319 meals)

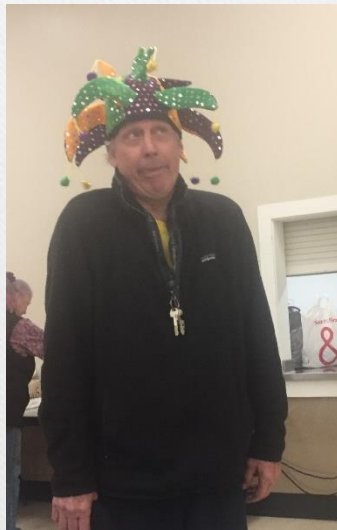


# PROVIDING INFORMATION AND REFERRAL

The Senior Center responded to **241** requests for information related to insurance, food sources, legal referral, social services, health, and housing.

# ADDRESSING TRANSPORTATION NEEDS

The Senior Center transported **2,622** seniors from their homes to the Senior Center from July 1, 2017 through June 30, 2018.



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# SNAPSHOT OF THE SENIOR CENTER'S MOST POPULAR PROGRAMS

Total Annual Class Attendance in FY 2018-19: **59,959**

| <u>Classes/Programs</u> | <u>2018-19</u> | <u>2017-18</u> |
|-------------------------|----------------|----------------|
| BINGO*                  | 14,558         | 12,586         |
| Bocce Ball              | 3,762          | 4,084          |
| Zumba                   | 3,461          | 3,327          |
| Line Dancing            | 3,384          | 2,628          |
| Hiking                  | 2,271          | 1,850          |



\*Nutrition Site Council Fundraiser

# INVALUABLE VOLUNTEER HELP

In Fiscal Year 2018-19, **142** volunteers donated nearly **31,386** hours of volunteer service in the following program areas:

Nutrition Lunch Program ♦ Welcome Desk ♦ Trips ♦ BINGO ♦ Sports Programs



# SUPPORT FROM THE SAN BRUNO NUTRITION SITE COUNCIL

The San Bruno Nutrition Site Council is a non-profit organization which fundraises at the Senior Center through the delivery of Bingo games, café sales, and other activities. The Nutrition Site Council donates \$115,000 annually to support the City's delivery of nutrition and transportation programs.



# SENIOR CENTER FUNDING

## FISCAL YEAR 2019-20

### *Funding Summary*

|   |                    |
|---|--------------------|
| General Fund  | \$1,107,899        |
| AAA County Grant-Nutrition and Transportation Program | 139,799            |
| Lunch/Transportation Participant Contributions        | 89,471             |
| Program Revenue from Facility Rentals                 | 31,000             |
| Contribution from Nutrition Site Council              | <u>115,000</u>     |
| Total Program Revenue                                 | <u>\$1,483,169</u> |

### *Expenditure Summary*

|                                       |                    |
|---------------------------------------|--------------------|
| Senior Center Programs and Activities | \$1,253,899        |
| Nutrition and Transportation Programs | <u>229,270</u>     |
| Total Program Expenditures            | <u>\$1,483,169</u> |

# ACCOMPLISHMENTS

- ❖ Performed annual maintenance on the Bocce Ball Courts and rebuilt the side rails for better performance.



During ↑



↗  
After  
→



# ACCOMPLISHMENTS

- ❖ Replaced the butcher block counter top in the kitchen with stainless steel. The material is durable and more sanitary than the wood.



Before



After



# ACCOMPLISHMENTS

- ❖ Replaced the 30 year old kitchen range with a new model.



Installation in progress



After



# ACCOMPLISHMENTS

- ❖ Hired a new Food Services Coordinator, Fabiola Cruz.



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## OTHER ACCOMPLISHMENTS

- ❖ Included Capuchino Interact and Leadership volunteers in senior special events to allow for intergeneration interaction with the senior population.
- ❖ Held a memorial bocce ball tournament in honor of long time volunteer Ken Kreisel.
- ❖ Worked with Center for Independence of Individuals with Disabilities to hold and Emergency Preparedness Event with 168 participants in attendance.
- ❖ Celebrated the Senior Center's 32<sup>nd</sup> Anniversary with 215 people in attendance.
- ❖ Coordinated with the CHP to offer "Age Well Drive Safe" seminar.
- ❖ Offered performances, demonstrations and safety seminars during the lunch program to expand participation and showcase enrichment and healthy activities.
- ❖ Held Annual Volunteer Recognition Lunch to thank the over 140 volunteers.

# GOALS

- ❖ Offer Spouse/Partner loss support group series through Mission Hospice and Home Care.
- ❖ Introduce new musical performers and other forms of entertainment to the daily lunch program.
- ❖ Work with the Facilities Division to implement the ADA Transition Plan first year projects.
- ❖ Work with Public Works to restripe the parking lot.
- ❖ Work with Public Works and Community Development to construct a new trash enclosure.